

PRE-RAMADHAN

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Central Masjid Rochdale

1 Hr+



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RAMADHAN

Fasting, Taraweeh and other related Matters



MEANING OF RAMADHAN

Heat.....

1. of the season
2. of the stomach

Both these heats, burn :

- Sins,
- Temptation
- ❑ Heat transference

لأن القلوب تأخذ فيه من حرارة الموعظة والفكرة في أمر
الآخرة كما يأخذ الرمل والحجارة من حر
الشمس والرمضاء الحجارة المحماة

The fish in the sea seek forgiveness for those fasting until they break their fast. Allah decorates His Jannah (Paradise) every day and then says, “The time is near when My pious servants shall cast aside the great trials and come to Me.”

(Musnad Ahmed)

When Ramadan arrives, the gates of Paradise are flung open, the doors of the Hellfire are closed and the Shayateen are imprisoned.

(Bukhari)

Optional Deeds yield the rewards of Faraaidh (*mandatory actions*) and Faraaidh are multiplied seventy fold

(Sahih Ibn Khuzaimah)

Fasting

- Yahya b. Abī Kathīr, a scholar from the latter era of the second generation, said:

al-Qasim ibn Muhammad, the nephew of ‘Ā’ishah, informed of ‘Ā’ishah (raḍiy Allāhu ‘anha) that she would fast on a journey in the heat. I asked, “What prompted her to do that?” He said, “She would like to take avail of the opportunity.” [At Tahawi]

The famous companion Abu Moosa al-Ash'ari (radīy Allāhu 'anhu) once whilst on a Sea Voyage heard a voice call out :
“Allah has taken it upon Himself that whosoever becomes thirsty on a hot day, from the days of this life which are extremely hot (i.e. the peak of summer), it is a right upon Allah that this person have his thirst quenched on the Day of Resurrection.” Abu Moosa R.A.would search out the days that were so hot that one would feel one is being put in a cauldron and he would fast those days.[Al-Matjarur Raabih]

Allah Taalaa, Our Master says:

“I will bestow the reward”

(Hadeeth Qudsi)

[Bukhari & Muslim]



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“I am the reward”

Ramadhan Fasts

Fasting in the month of Ramadhan is compulsory upon an individual when the following criterion are met :

- **Muslim**

Fasting is not compulsory on a non-muslim

- **Sane**

fasting is not compulsory on an insane person or a person who has a severe mental disorder or is mentally incapacitated. .

- **Attained the age of maturity**

Fasting is not compulsory on a child although it is recommended to encourage a child who has reached the age of understanding, to fast.

- **Healthy**

Fasting is not compulsory on persons who are ill/frail however upon recovery the fasts must be made up.

And of course one who has witnessed the month of Ramadhan!

Who is exempt?

Any person who falls under any of the following categories, is permanently exempt from fasting:

- The insane or the mentally impaired.
- The permanently ill, for whom fasting **may** pose a danger to their health. e.g. kidney disease, certain diabetes etc.
- Persons who are **in need** of taking regular (in short intervals) oral medication to maintain their health.

Any person who falls under these categories, is temporarily exempt from fasting and should make up the missed days once they come out of the category:

- A person who is ill/ sick/weak and whose illness/weakness may deteriorate their health or be prolonged due to fasting
- People who are traveling a *Shar'ee distance and may find it difficult to fast whilst on journey.*
- Women who are pregnant or are nursing
- Womenfolk during their menses or when they are experiencing post-partum bleeding. **They are not allowed to fast**

Definition of Fasting

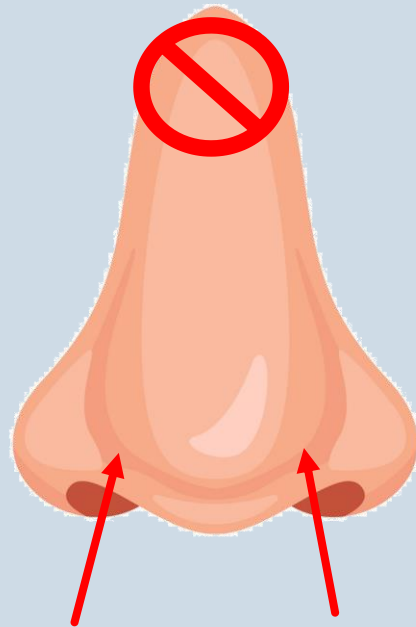
- To abstain from eating, drinking and 'sexual intimacy' from true dawn (Subh Saadiq) to Sunset with an intention.

What constitutes a Passage of Consequence?

This means that nothing should be administered or entered, whether liquid or solid, medicinal or nutritional etc. through any passage prescribed by **Shariah** as a passage leading directly to the stomach. [Passage of Consequence]



1. Mouth/
Throat



2. Nostrils

3.
Back
Passage



So

- Does an injection in the arm break the fast??

No, it doesn't

■ Why not?

- Will applying eye drops break the fast??
- How about surmah??

- What if I can taste the effect of the eye ointment /surmah in my throat?
- What about an I.V glucose drip?

Misc. Factors which break the fast

- ✘ Eating or drinking intentionally
- ✘ Forcing oneself to vomit a mouthful or more.
- ✘ To **intentionally** swallow the vomit even though it is less than a mouthful
- ✘ To administer any medication through the nose or the ear e.g. Nasal spray
- ✘ To intentionally indulge in intercourse
- ✘ Swallowing a particle of food greater or equal to the size of chick pea e.g a particle of food stuck in between the teeth etc..
- ✘ If a particle of food less than the size of a chick pea is removed from the mouth and then put back into the mouth and swallowed.
- ✘ To swallow somebody else's saliva
- ✘ To administer any medication through the rear passage or rectum example suppository
- ✘ Whilst being aware of ones fast to mistakenly swallow water when gargling
- ✘ To partake of food even though the time of sehri has elapsed
- ✘ To begin eating before the time of iftar

- To swallow toothpaste
- To swallow the flavouring of an artificially- flavoured Miswaak
- If a person's tears enters the mouth and **after realising its taste**, it is swallowed
- The same will apply for perspiration
- If a person swallowed saliva which is mixed with blood and the blood content was more than the saliva (the taste of the blood is evident)
- To swallow the glue or taste thereof after licking an envelope
- To swallow an insect e.g. a fly
- To smoke a cigarette, hookah etc.
- To inhale any smoke intentionally e.g. incense or luban
- To intentionally inhale steam e.g. medicinal purposes

- ❌ To use an inhaler (according to the majority of scholars) e.g. asthma inhaler
- ❌ Note: irrespective of whether the inhaler is used through the mouth or nose
- ❌ if a tablet is placed under the tongue and some of the particles are swallowed e.g. the treatment of angina
- ❌ After forgetfully eating one continues eating, thinking the fast is broken
- ❌ During a nosebleed if a person forcefully sniffs in blood causing the blood to be ingested.

What if.....?

- If a fasting person requires any urgent medical intervention/treatment which would involve breaking the fast, then it will be allowed to do so.

- If it becomes necessary for an asthma patient to use an inhaler, then it would be allowed to use it, though the fast will break.

Factors which do not break the fast

- ✓ Applying surma even though the taste is evident in the mouth, or some remnant of the surma can be seen in the saliva
- ✓ Applying any ointment or medication to the eye
- ✓ After gargling and spitting out excess water, if one swallows any residual water with the saliva
- ✓ To intentionally swallow phlegm (note according to Imam Shafi (ra) this invalidates the fast, therefore, its best to abstain from it)
- ✓ To *accidentally* inhale smoke or dust
- ✓ To *accidentally* swallow a fly or mosquito
- ✓ To place a piece of thread in ones mouth without swallowing it
- ✓ Tasting something and thereafter spitting it out without allowing it to go down the throat, (though this Makrooh)

- ✓ To brush the teeth with toothpaste, without allowing any toothpaste to go down the throat (however it is not preferable to use toothpaste)
- ✓ To intentionally collect saliva in the mouth and swallow it
- ✓ To apply oil to the hair or the body
- ✓ To take a bath
- ✓ To break wind in a tub of water
- ✓ If water unintentionally enters the ear
- ✓ To use an cotton bud/ear bud
- ✓ Inserting a catheter/tube in the urine passage
- ✓ If a particle of food less than the size of a chickpea remains in the mouth from sehri and this is swallowed
- ✓ To *forgetfully* (whilst not being aware of fasting) eat and drink

- ✓ To smell perfume or any strong scent (however if a person intentionally inhales the smoke of luban or/and agar bati (incense sticks), the fast will break)
- ✓ To sniff or inhale any strong smelling ointment such as Vicks (as long as it is applied to the external part of the nose)
- ✓ To experience wet dream
- ✓ To vomit a mouthful unintentionally
- ✓ Involuntary swallowing of vomit
- ✓ To take an injection
- ✓ To administer a drip (e.g glucose drip)
- ✓ To have a tooth extracted so long as the blood does not go down the throat
- ✓ To have a blood transfusion or a blood sample taken (e.g blood test)
- ✓ To be stung by an insect
- ✓ To be bitten by a snake
- ✓ Pre seminal discharge
- ✓ To apply Nicorette patches

A Brief Outline of certain medical Interventions and the consequent Rulings

| Type of Medical Intervention | Ruling | Reasoning |
|--|---|--|
| Oral Medication that is swallowed | Invalidates Fast | The medication reaches the throat and possibly the stomach/intestines {cavities of consequence} plus Via the mouth {orifice of consequence} |
| Sublingual (under the tongue)or Buccal (between gum and cheek) | No effect (if no remnants are ingested) | Medication diffuses or gets absorbed into the bloodstream through the mucous membrane and capillaries beneath the tongue hence does not reach the cavity of consequence directly or indirectly |
| Oral Inhaler (Asthma) | Invalidates the fast | Medication reaches the throat and possibly further down the digestive tract via the mouth |
| Concentrated Oxygen | No effect | Gas is not an agent of consequence even at 100% oxygen. Smoke on the other hand when inhaled purposefully invalidates the fast* |

| | | |
|--|-----------------------------|--|
| Nebuliser | Invalidates the fast | The mist inhaled is a mixture of gas and liquid particles in the form of small aerosol droplets which reaches the throat via the mouth |
| Dental treatment without swallowing | No effect | The med does not reach the throat or other cavity of consequence |
| Medication via Endotracheal Incubation | Invalidates the fast | Whether medication is administered orotracheally or nasotracheally. |
| Bronchoalveolar Lavage (washing) | | A medical procedure in which a bronchoscope is passed through the mouth or nose into the lungs and fluid is squirted into a small part of the lung and then collected for examination. Whilst the bronchoscope itself does not invalidate the fast nor the fluid installed in to the lungs as the lungs are not a cavity of consequence the lubrication used to facilitate passage of the bronchoscope reaches a cavity of consequence (throat) via an orifice of consequence. |

| | | |
|--|-----------------------------|--|
| Nasal Medication | Invalidates the Fast | The medication reaches the throat [cavity of consequence] and possibly further down the digestive tract via the nose [orifice of consequence]. |
| Nasal Inhaler | Invalidates the Fast | As Above |
| Intravitreal (via the eye) | No effect | Any residue that may reach the throat is not via an orifice of consequence. |
| Ear Drops (perforated tympanic membrane) | Invalidates the Fast | The medication reaches the throat [cavity of consequence] via an orifice of consequence. |
| Ear Drops (Intact tympanic membrane) | No effect | The medication does not reach the throat or any other cavity of consequence. |
| Rectal Pessaries | Invalidates the Fast | The pessary reaches intestine {Cavity of Consequence} via the rectum (Orifice of consequence) |

| | | |
|--|--|--|
| <p>Endoscopy</p> | <p>Invalidates if with a lubricant. No effect if no lubricant</p> | <p>If an endoscopy involves the insertion of a lubricated endoscope in to the gastrointestinal tract it will invalidate fast. Whilst the endoscope itself does not invalidate the fast the lubrication used to facilitate passage of the bronchoscope reaches a cavity of consequence via an orifice of consequence. The procedure may also involve local anaesthetic spray to the back of the throat. This also includes procedures such as gastroscopy, colonoscopy, sigmoidoscopy and enteroscopy. Equally, if the endoscope is used to apply medication to the gastrointestinal tract it will invalidate fast.</p> |
| <p>Arthroscopy / Laparoscopy pelvic or abdominal</p> | <p>No Effect</p> | <p>However, if the lubricated endoscope is inserted through an orifice of no consequence into a cavity of no consequence such as in a gynoscopy or by surgical incision in to a cavity of no consequence within the abdominal or pelvic cavity (laparoscopy) or the interior of a joint (arthroscopy) the fast will not be effected.</p> |

| | | |
|--|----------------------|---|
| Intravenous, Intra muscular, Intra Cardiac, Intraosseous {bone Marrow) , Intradermal, Subcutaneous Injections | No Effect | The injected agent does not reach a cavity of consequence directly or via that which has a path to a cavity of consequence directly or via another cavity. |
| Epidural analgesia | No effect | |
| Intravesicular | No effect | Administered by a urinary catheter directly into the bladder. |
| Gastrostomy | Invalidates the Fast | The feed/medication reaches the stomach [cavity of consequence] via an abdominal puncture [orifice of consequence] |
| Nasogastric intubation | Invalidates the fast | The feed/medication reaches the stomach [cavity of consequence] via a tube routed through the nose [orifice of consequence] and down the digestive tract |
| Transdermal patch -Nicotine -Nitroglycerine (for angina) | No Effect | The medication is delivered through the skin in to the bloodstream and so does not reach a cavity of consequence directly or via that which has a path to a cavity of consequence directly or via another cavity. |

Factors which one should avoid even though they do not break the fast

- ❗ To chew anything without swallowing it
- ❗ To use toothpaste or mouthwash (Note if any part of the toothpaste and mouthwash is swallowed the fast will break)
- ❗ To lick the glue of an envelope and then spit it out
- ❗ To gather saliva in the mouth and thereafter swallow it
- ❗ To excessively gargle the mouth
- ❗ To unnecessarily administer a glucose drip
- ❗ To unnecessarily take an injection (e.g protein any energy enhancing injection)
- ❗ To unnecessarily have a tooth extracted

- ⚠ To have cupping done whilst there is a fear of the strength diminishing
- ⚠ To indulge in any activity which will weaken body
- ⚠ To remain in the state of janaabah (Janaabah is a state which a bath becomes compulsory e.g after a wet dream)
- ⚠ To get involved in arguments and quarrelling
- ⚠ To use obscene and vulgar language
- ⚠ To take part in swimming
- ⚠ To play in water
- ⚠ To remain immersed in water for a long period of time
- ⚠ To donate blood, without necessity (particularly if there is a risk of being overcome with weakness)

Factors which are allowed and not Makrooh

- ✓ To use a Miswaak throughout the day (as long as it is not artificially flavoured)
- ✓ To swallow saliva
- ✓ To gargle the mouth (as long as it is not excessive)
- ✓ To take a bath which is not compulsory
- ✓ To apply surma
- ✓ To apply lotion or oil to the body, beard or hair

FAQ's

- Smoking?
- Forgot I was fasting?
 - I didn't have sehri?
- Ate after sehri time elapsed?
 - Flavoured miswaak
 - Blood test?
 - Blood transfusion?
- Wet dream whilst fasting?
 - Insulin injection?
 - Bleeding gums?
 - Vomit?
 - Swearing?

Personal Adult Matters (read the following on your own)

- Intercourse will immediately break the fast necessitating Qadhaa and Kaffarah if done whilst being aware of ones fast.
- Masturbation will break the fast upon ejaculation.
- Kissing ones wife does not break the fast as long as the saliva of ones partner has not been ingested. However, one should avoid it.
- Pre seminal discharge due to stimulation, does not break the fast as long as no ejaculation has taken place.
- A wet dream does not invalidate the fast.

One should avoid any circumstance or act that could lead to ejaculation whilst fasting.

Kaffarah

KAFFARAH is to fast for TWO consecutive months without any break in between.

However, if a person is genuinely unable to keep these 60 fasts, for a truly valid reason, such as continuous illness (F: based on reasonable surety, which requires either clear signs, relevant past experience, or the reporting of a qualified and upright Muslim doctor), then one has the option of choosing from one of the following four:

Feed sixty poor people to their fill for two meals,

Feed one poor person two meals a day, for sixty days;

Give sixty poor persons 3lbs. (approx. 1.6 kg.) of wheat or its value in cash or food grain;

Give to one poor person not less than 3.5 lbs. of wheat, rice or food grains, etc. or its value in cash for sixty days.

However, even by carrying out this penalty, one can never attain the full blessing of the Ramadhan fast.

- ➖ If one breaks a fast of Ramadhan without a valid shar'ee reason, then it will be necessary to make up for the missed fast as well as to discharge *Kaffarah*.

Fidyah

- A person who is permanently exempt from fasting due to weakness, age or illness and does not have any expectation of recovery and neither will the person be able enough to fast -e.g. during shorter days- must discharge fidyah on behalf of every fast.
- One fasts fidyah = the prevalent Sadqatul Fitr (Fitranah) rate

Fidyah must only be paid once Ramadhan has begun, not before.

Fidyah Contd.

- Fidyah can be given in cash, or as grain, to the value of the amount of sadaqatul fitr.
- Fidyah will have to be given for each fast that was missed i.e if a person missed 10 fasts of Ramadhan, then for each fast, fidyah will have to be paid.
- If a person discharged the fidyah for all the missed fasts and thereafter recovers completely in such a way that fasting is possible, then he/she will have to keep the qadha of all the missed fasts. Regarding the fidyah that was paid? One will be rewarded separately for it by Allah Ta'ala.

Taraweeh

“.... And Allah Taalaa has rendered it's (Ramadhan) night prayer as supererogatory. [ibn Khuzaimah]

Ibn Abbas (Allah be pleased with him). He said, "Verily, the Holy Prophet (Peace be upon him) in the month of Ramadaan, used to perform 20 rak'ahs and the witr prayer (afterwards) without congregation." [Musannaf ibn Abi Shaybah]

Taraweeh

- It is Sunnah Muakkadah
- For males it is also Sunnah Muakkadah to listen to the entire Qur'an in Taraweeh.

- Sayyiduna Umar Radiallahu Anhu once went to the Masjid in the Month of Ramadhan and noticed that people were performing Taraweeh Salah in small groups. He said to the Sahaba, “Now that we do not have the fear that Taraweeh Salah will become fardh on us, we can start performing it in congregation.” He then asked Ubay bin Kaab Radiallahu Anhu to lead the Taraweeh Salah – twenty rakaats followed by three rakaats of Witr.”

[Sahih Bukhari p.269 v.1]

Using a Mushaf/Qur'an in Taraweeh

- According to the Hanafi School it nullifies the Salah
- The Sahabah detested it. (Ibrahim Nakh'ee)
- It is against the Sunnah
- Sunnah is to look at the place of Sajdah

? Hadeeth of Thakwaan R.A and Sayyidah A'ishah RA

Ramadhan, Fasting and other Tips

- Eat Suhoor / Sehri. *“Allah Ta’alaa and His angels send salutations upon those who partake of Suhoor.”* [Targheeb]
- Eat Healthy
- Don’t speed eat.
- Don’t obsess about food
- Time management
 - ✓ Plan ahead
 - ✓ Set a realistic goal
 - ✓ Utilise the morning productively
 - ✓ Spend some quality ‘DEENI’ time with your family
 - ✓ Gadgets, Social media Fast

Qur'an & Ramadhan



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OUR PREDECESSORS AND THE QURAN

- Allah says: "The month of Ramadan is that in which the Qur'ân was revealed." [Sûrah al-Baqarah: 185]

Ibrâhîm al-Nakha`î tells us: "Al-Aswad b. Yazîd used to complete reading the entire Qurân every two nights in Ramadan. He would sleep between Maghrib and Ishâ'.

Outside of Ramadan, he would complete reading the Qur'ân every six nights.

"`Abd al-Malik b. Abî Sulaymân tells us that Sa`îd b. Jubayr would also complete a reading of the Qur'ân every two nights in Ramadan.

‘In the Middle Ages Christian scholastics argued that the devil’s basic strategy was to bring human beings to a point where they are never alone with their God [...] The mobile phone, then, seems to me to represent a major breakthrough for the powers of hell – it is a new thing, which allows the devil to take a significant step forward in her grand design. With a mobile, a person is never alone and is never entirely attentive to someone else. What is entirely brilliant about it from the demonic perspective is that so many people have been persuaded that this is not something pleasurable (a free choice) but something necessary.’

-Sara Maitland, *A Book of Silence*

Lets Try.....

- Make it the first item on your bucket list for Ramadhan.
- Plan yourself well.
- Cover more ground in the first few days as it will help later on.
- You need to allocate approx. 5 intervals which you will set aside for Qur'an daily.

What if I cannot recite the Qur'an?

Ask yourself Why can I not recite?

What stops me from learning?

How should I learn?

1. Start in this month
2. Find a teacher
3. Find a time

Listen to the Qur'an
Repeat after someone

Baby Steps to Allah

- **Longer Postures of Salah**
- **Read longer portions of the Qur'an in your Salah**

.....Away from Sin...

- Lying
- Backbiting
- Vain Talk

13 line Qur'an Plan

■ Total of 846 pages

29 nights = 29 pages a day

= approx. 6 pages per ~5 x time slot

If it takes you 3 minutes to read a page you will need to dedicate ~1.5 hrs p/day.

Too long??? (It's the time it takes to watch $\frac{2}{3}$ of an episode of Ertugrul! So no "Bolums" in Ramadhan)

Space it out:

-15 min. after Fajr,
-15 bef/after Zuhr
-8 min before Asr

-15 mins after Asr
-15 mins before Iftaar
-15 mins before Isha
-8 mins before sleeping

= 92 mins

PLEASE IT'S RAMDHAN, SO REMEMBER ...



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- ☪ ***It's a month of Fasting not Feasting***
- ☪ ***Nights are for Ibadah, not PS4 or Tawaaf of Broadfield Park!***
- ☪ ***Brush your teeth before you come for Taraweeh.***
- ☪ ***8 or 20?? The Big Q. Either way, more reward for 20 than 8 = Simple Maths!***
- ☪ ***Keep mouth tightly closed for Burping and Backbiting.***
- ☪ ***Personal Climate control is in your car, not in the Masjid.***
- ☪ ***Taps are not connected to the clouds, so use water sparingly.***
- ☪ ***Give employees time off to pray, esp. @iftaar. They're Human afterall.***
- ☪ ***Park Sensibly or loose the reward of your Salaah and Ibaadah to whoever you block.***
- ☪ ***Take care of your children in the Masjid, before they become someone elses.***

Dua before Ramadhan

اللَّهُمَّ سَلِّمْنِي لِرَمَضَانَ ، وَسَلِّم رَمَضَانَ لِي ،
وَتَسَلِّمهُ مِنِّي مُتَقَبِّلاً

Allahumma Sallimni li Ramadhana wa Sallim Ramadhan li wa Tasallamhu minni mutaqabbalan

O Allah Safeguard me for Ramadhan and safeguard Ramadhan for me and accept it from me